

MEDICATION COMPOUNDING

DOCTOR'S DETAILS

PATIENT'S DETAILS

DATE	
NAME	
PRESCRIBER NO.	
PHONE	
FAX	

NAME			
PHONE	(H)		
	(M)		
ADDRESS			
D.O.B		WEIGHT	

NUTRIENT	Morning (AM) Elemental Values:	Evening (PM) Elemental Values:	NUTRIENT	Morning (AM) Elemental Values:	Evening (PM) Elemental Values:
	DOSE	DOSE		DOSE	DOSE
Alpha-Lipoic Acid (R-) (mg)			Magnesium (mg) as glycinate		
Ascorbic Acid (Vitamin C) (mg)			Magnesium (mg) as oxide		
Beta Carotene (IU)			Methylcobalamin (Vitamin B12) (mcg)		
Biotin (mcg)			Methionine (mg)		
Boron (mg) as picolinate			Molybdenum (mcg) as picolinate		
Calcium Pantothenate (Vitamin B5) (mg)			N-Acetyl-L-Cysteine (mg)		
Calcium (mg) as citrate			Niacinamide (mg)		
Cholecalciferol (Vitamin D3) (IU)			Potassium Iodide (mg)		
Chromium (mcg) as picolinate			Pyridoxine HCl (Vitamin B6) (mg)		
Chromium (mcg) as polynicotinate			Pyridoxal-5-Phosphate (P5P) (mg)		
Copper (mg) as gluconate			Riboflavin (Vitamin B2) (mg)		
Cyanocobalamin (Vitamin B12) (mcg)			Riboflavin-5-Phosphate (mg)		
D-alpha Tocopheryl Succinate (Vitamin E) (IU)			SAMe (mg)		
DIM (mg)			Selenium (mcg) as picolinate		
DMAE (mg)			Selenium (mcg) as selenomethionine		
Folic Acid (mcg)			Silica (mg)		
Folinic Acid (mcg)			Taurine (mg)		
Indole-3-carbinole (mg)			Thiamine (Vitamin B1) (mg)		
Iron (mg) as picolinate			Vitamin E Acetate (Soy-Free) (IU)		
Manganese (mg) as gluconate			Zinc (mg) as citrate		
Manganese (mg) as picolinate			Zinc (mg) as picolinate		

SPECIFIC INSTRUCTIONS:

STANDARD / SLOW RELEASE

COLOUR: STANDARD / CLEAR / VEGICAP

FILLER: STANDARD / AVICEL / GLYCINE / SILICA

QUANTITY: CAPS

REPEAT:

DR'S SIGNATURE:

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