

How to Write a Compounded Pain Prescription

Example:

API Anesthetic	%	NMDA-Ca Channel Blocker
API Anticonvulant	%	AMPA-Na Channel Blocker
API Hypotensive	%	Alpha II Agonist
API Muscle relaxant	%	Gaba Agonist

Transdermal Base (active transport) **PCCA Lipoderm®**

API = Active Pharmaceutical Ingredient (Can change to meet individual therapeutic need)

HOW IT WOULD LOOK Example:

Ketamine		10%
Gabapentin		10%
Clonidine		0.2%
Baclofen		2%
PCCA Lipoderm	q.s.	100 gm

Apply 0.5 mL q6-8h

Effective Drugs in Pain Control

	OPIOID	NSAID	CORTICOSTEROID	ANTIDEPRESSANT	ANTICONVULSANT	ANTISPASMODIC	LOCAL ANESTHETIC
Type of Pain							
Visceral/Soft Tissue Pain	+	+	+	+	+	+	+
Bone Pain	+	+	-	-	-	-	-
Nerve Compression	+	-	+	+	+	-	+
Neuropathic Pain	-	+	+	+	+	-	+
Muscle Spasm	-	+	-	-	-	+	-